

Monday	Tuesday	Wednesday	Thursday	Friday
1-Dec	2-Dec	3-Dec	4-Dec	5-Dec
Main:	Main:	Main:	Main:	Main:
Chicken Tenders, Steamed Green Beans, Baby carrots, Applesauce, Dinner Roll, Milk	Frito Pie, Steamed Corn, Shredded Lettuce, Banana, Milk	Mac and Cheese, Steamed Peas, Celery Sticks, Apple, Wheat Bread, Milk	Beef Hot Dog, Baked beans, Coleslaw, orange, Milk	Chicken Patty, Fresh broccoli, Baby Carrots, Diced Peaches, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Bagel w/Strawberry Cream Cheese, Peach Cup, Apple Juice	Strawberry Poptart, String Cheese, Apple	Yogurt, Granola Bites, Orange, Strawberry Applesauce	Mini French Toast, Apple	Cocoa Puff Cereal, Pineapple, Orange Juice
8-Dec	9-Dec	10-Dec	11-Dec	12-Dec
Main:	Main:	Main:	Main:	Main:
Pizza Bread, Celery Sticks, Strawberry Applesauce, Milk	Chicken Corn Dog, Baked Beans, Sliced Cucumbers, Orange, Milk	Beef Taco Meat, Nacho Cheese, Corn Salad, Salsa, Pineapple, Tortilla Chips, Milk	Chicken Drumstick, Steamed Carrots, Salad, Tropical Fruit, Dinner Roll, Milk	Pancakes, Turkey Links, Fresh Broccoli, Baby Carrots, Syrup, Apple, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cinnamon Roll, Mandarin orange Cup, Apple Juice	Golden Grahams Bowl, String Cheese, Apple	Blueberry Muffin, Banana, Applesauce Cup	Cereal Bar, Apple, Milk	Apple Frudel, Orange, Grape Juice
15-Dec	16-Dec	17-Dec	18-Dec	19-Dec
Main:	Main:	Main:	Main:	Main:
Popcorn Chicken, Brown Rice, Sliced Cucumber, Asian Coleslaw, Sweet and Sour Sauce, Applesauce, Milk	Chicken Patty, Waffles Fresh Broccoli, Baby Carrots, Diced Peaches, Milk	Beef Patty, Hamburger Bun, Baked Beans, Coleslaw, Orange, Milk	Turkey w/Gravy, Mashed Potatoes, salad, Banana, Wheat Bread, Milk	Cheese Bread, Fresh Baby Carrots, Celery Sticks, Marinara, Apple, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich	Deli Ham or Peanut Butter & Jelly Sandwich
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Honey Bun, String Cheese, Fruit	Cereal, Fruit	yogurt w/granola, Fruit	Bagel w/Cream Cheese	Chef's Special, Fruit
22-Dec	23-Dec	24-Dec	25-Dec	26-Dec
Main:	Main:	Main:	Main:	Main:
Beef or Chicken Nachos, Choice of Fruit, Choice of Veggie, Lettuce, Tortilla Chips, Milk	Pizza Day, Choice of Fruit, Choice of Veggie, Milk			
Alternate	Alternate	Alternate	Alternate	Alternate
Deli Ham or Peanut Butter & Jelly Sandwich	Deli Turkey or Peanut Butter & Jelly Sandwich			
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Breakfast Sandwich, Fruit	Fruit Smoothie			
29-Dec	30-Dec	31-Dec	1-Jan	2-Jan
Main:	Main:	Main:	Main:	Main:
Alternate	Alternate	Alternate	Alternate	Alternate
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:

MILK SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.

Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.

