

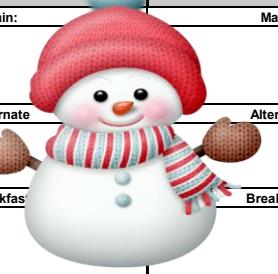
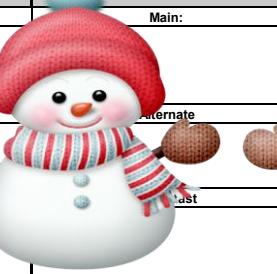


LANCER

DINING SERVICE

january

Menu Subject to Change K - 6 January Breakfast and Lunch Menu 2025-26

Monday	Tuesday	Wednesday	Thursday	Friday
30-Dec	31-Dec	1-Jan		
Main:	Main:	Main:	Main:	Main:
				
Alternate	Alternate	Alternate	Alternate	Alternate
Breakfast	Breakfast	Breakfast	Breakfast	
5-Jan	6-Jan	7-Jan	8-Jan	9-Jan
Main:	Main:	Main:	Main:	Main:
Beef Tacos, Pinto Beans, Fiesta Corn Salad, Shredded Cheddar, Lettuce, Strawberry Applesauce, Milk	Breaded Chicken Drumstick, Au Gratin Potatoes, Salad, Orange, Wheat Bread, Milk	Build your own Sub Sandwich Turkey or Ham, Choices of Veggies for toppings, Choice of Fruit, Milk	Chicken Nuggets, Steamed Corn, Celery sticks, Diced Pears, Dinner Roll, Milk	Beef Patty, American Cheese, Hamburger Bun, Fresh Broccoli, Fresh Baby Carrots, Apple, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Mini Blueberry Waffle, Strawberry Cream Cheese, Peach Cup, Apple Juice, Milk	Mini Wheats Cereal, String Cheese, Apple, Milk	Honey Bun, Banana, Applesauce Cup, Milk	Cocoa Puff Bar, Apple, Milk	Banana Chocolate Chip Bread, Orange, Grape Juice, Milk
12-Jan	13-Jan	14-Jan	15-Jan	16-Jan
Main:	Main:	Main:	Main:	Main:
Chicken Tenders, Steamed carrots, Sliced Cucumbers, Cinnamon Applesauce, Dinner Roll, Milk	Frito Pie w/ Cheese, Steamed Corn, Shredded lettuce, Sour Cream, Banana, Frito Chips, Milk	Pizza (Cheese or Pepperoni), Choice of Veggie, Choice of Fruit, Milk	Beef Hot Dog, Baked Beans, Coleslaw, Orange, Milk	Chicken Patty, Hamburger Bun, Fresh Broccoli, Fresh Baby Carrots, Diced peaches, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Bagel, Strawberry Cream Cheese, Peach Cup, Apple Juice, Milk	Strawberry Pop-tart, String Cheese, Apple, Milk	Yogurt, Granola Bites, Orange, Strawberry Applesauce Cup, Milk	Mini French Toast, Apple, Milk	Cocoa Puff Cereal, Pineapple Cup, Orange Juice, Milk
19-Jan	20-Jan	21-Jan	22-Jan	23-Jan
		Main:	Main:	Main:
		Beef Taco Meat, Nacho Cheese Sauce, Fiesta Corn Salad, Lettuce, Pineapple Tidbits, Tortilla Chips, Milk	Chicken Drumsticks, Steamed Carrots, Salad, Tropical Fruit, Dinner Roll, Milk	Pancakes, Turkey Links, Fresh Broccoli, Fresh Baby Carrots, Apple, Syrup, Milk
		Alternate	Alternate	Alternate
		Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.
		Breakfast:	Breakfast:	Breakfast:
		Blueberry Muffin, Banana, Applesauce Cup, Milk	Strawberry or Smore ZZ Breakfast Bar, Milk	Apple Frudel, Orange, Grape Juice, Milk
26-Jan	27-Jan	28-Jan	29-Jan	30-Jan
Main:	Main:	Main:	Main:	Main:
Popcorn Chicken, Brown Rice, Sliced Cucumber, Asian Coleslaw, Applesauce, Milk	Cheese Bread, Steamed Carrots, Celery Sticks, Marinara Sauce, Apple, Milk	Beef Patty, American Cheese, Baked Beans, Coleslaw, Orange, Hamburger Bun, Milk	Turkey w/ Gravy, Mashed Potatoes, Salad, Banana, Wheat Bread, Milk	Chicken Patty, Waffles, Fresh Broccoli, Fresh Baby Carrots, Diced Peaches, Milk
Alternate	Alternate	Alternate	Alternate	Alternate
Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.	Turkey Sandwich or Peanut Butter & Jelly Sandwich	Ham Sandwich or Peanut Butter & Jelly sandwich.
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Strawberry Cream Cheese Mini Bagel, Tropical Fruit, Apple Juice, Milk	Chex Cereal Bowl, Apple, Milk	Yogurt, Granola Bites, Orange, Strawberry Applesauce cup, Milk	Mini Blueberry Waffle, Apple, Milk	Lucky Charms, Mixed Fruit, Orange juice, Milk

MILK SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.

Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.

