

LANCER

DINING SERVICES

Menu Subject to Change K - 8 April Breakfast and Lunch Menu 2023-2024

Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
	Main: Beef Softshell Tacos w/Toppings, Pinto Beans, Strawberry Cup, Milk Alternate Southwest Chicken Wrap	Main: Cheeseburger, Potato Wedges, Diced Pears, Celery, Milk Alternate Buffalo Chicken Wrap	Main: Beef Hot Dog, Steamed Broccoli, Fruit Cocktail, Cucumbers, Milk Alternate Chicken Cheese Wrap	Main: Teriyaki Chicken w/Rice, Carrots, Milk Alternate Turkey Club Sandwich
	Breakfast: Yogurt, Granola, Orange, Raisins, Milk	Breakfast: Apple Frudel, Orange Juice, Craisins, Milk	Breakfast: Strawberry Pop Tart, Apple Juice, Mandarin Oranges, Cup, Milk	Breakfast: Mini French Toast, String Cheese, Apple, Milk
	8-Apr	9-Apr	10-Apr	11-Apr
Main: Grilled Chicken Drumstick w/Rice, Salad w/Dressing, Cucumbers, Apple, Milk Alternate Turkey and Cheese Sandwich	Main: Mac and Cheese, Steamed Peas, Tropical Fruit, Dinner Roll, Broccoli, Milk Alternate Honey Mustard Chicken Wrap	Main: Chicken Nuggets w/BBQ sauce, Baked Beans, Broccoli, Peach Cup, Dinner Roll, Milk Alternate Chicken Cheese Wrap	Main: Pizza Burger, Orange, Celery, Carrots, Milk Alternate Buffalo Chicken Wrap	Main: Waffles w/Syrup, Turkey Sausage, Celery, Applesauce, Milk Alternate Chicken Caesar Wrap
Breakfast: Chocolate Chip Breakfast Bar, String Cheese, Apple, Milk	Breakfast: Cinnamon Roll, Orange, Apple Juice, Milk	Breakfast: English Muffin, Jelly, Apple, Milk	Breakfast: Cinnamon Toast Crunch Cereal, Applesauce, Banana, Milk	Breakfast: Honey Bun, Orange Juice, Strawberry Cup, Milk
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Main: Buffalo Chicken Sandwich, Baked Beans, Apple, Celery, Milk Alternate Turkey and Cheese Sandwich	Main: French Toast Sticks w/Syrup, Turkey Sausage, Carrots, Applesauce, Milk Alternate Chicken Cheese Wrap	Main: Tator Tot Hotdish, Mixed Cut Fruit, Dinner Roll, Celery, Ranch, Milk Alternate Buffalo Chicken Wrap	Main: Chicken Tenders w/BBQ sauce, Carrots, Steamed Corn, Mandarin Oranges, Dinner Roll, Milk Alternate Southwest Chicken Wrap	Main: Cheese Bread, Salad w/Dressing, Cucumbers, Banana, Milk Alternate Turkey Club Sandwich
Breakfast: Bagel w/Cream Cheese, Apple, Milk	Breakfast: Apple Frudel, Tropical Fruit Cup, Raisins, Milk	Breakfast: Coco Puff Cereal Bar, String Cheese, Peaches Cup, Apple Juice, Milk	Breakfast: Apple Cinnamon Muffin, Orange Juice, Mixed Fruit Cup, Milk	Breakfast: Strawberry Pop Tart, String Cheese, Apple, Milk
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Main: Orange Popcorn Chicken w/Rice, Carrots, Fruit Cocktail, Broccoli, Milk Alternate Turkey and Cheese Sandwich	Main: BBQ Swiss Burger, Baked Beans, Coleslaw, Banana, Milk Alternate Honey Mustard Chicken Wrap	Main: Beef Nachos w/Toppings, Broccoli, Mixed Fruit Cup, Milk Alternate Chicken Cheese Wrap	Main: Beef Hot Dog, Potato Wedges, Carrots, Orange, Milk Alternate Buffalo Chicken Wrap	Main: Cheese Omelete, English Muffin w/Jelly, Apple, Cucumbers, Milk Alternate Chicken Caesar Wrap
Breakfast: Bagel w/Cream Cheese, Craisins, Pear Cup, Milk	Breakfast: Yogurt, Granola, Orange, Applesauce, Milk	Breakfast: Blueberry Muffin, String Cheese, Apple, Milk	Breakfast: Mini French Toast, Orange Juice, Pear Cup, Milk	Breakfast: Blueberry Waffle, Apple, String Cheese, Milk
29-Apr	30-Apr	1-May	2-May	3-May
Main: Chicken and Waffles w/Syrup, Cucumbers, Applesauce, Milk Alternate Turkey and Cheese Sandwich Breakfast English Muffin, Jelly, Apple, Milk	Main: Cheese Lasagna Roll, Steamed Corn, Broccoli, Strawberry Cup, Dinner Roll, Milk Alternate Chicken Cheese Wrap Breakfast: Honey Bun, Orange, Apple Juice, Milk	Main: Alternate Breakfast	Main: Alternate Breakfast:	Main: Alternate Breakfast:

MILK VARIETY SERVED AT EVERY MEAL. FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.

Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.